

Local Social Services for Observatory Residents

HOUSING / SHELTERS

Haven Network of Night Shelters

Where: Throughout CT and surrounds.

Contact: 021-425 4700
info@haven.org.za

Loaves and Fishes

Second phase shelter.

Where: 1 Chatham Road, Observatory.

Contact: loavesfishes@telkomsa.net
Social worker: Riana Esterhuyse: 021-448 5900

The Rehoming Collective

Supportive housing: Our House and the Obz Rainbow House.

Where: Burham Rd and Station Rd, Observatory.

Contact: Carlos Mesquita: 063 012 7902
carlosmesquita396@gmail.com,

Youth Solutions Africa

Where: Corner Chapel and Russel Streets, Zonnebloem.

Contact: 021-462 8006
info@sayouth.org
JP: 081 534 4066

MEAL SERVICES

Beth Uriel

Weekly meals.

Where: Beth Uriel, 289 Victoria Road, Salt River

When: Daily dinner: 7pm (from gates of Beth Uriel)
Dinner Thursday: 4pm on the Village Green

Contact: melvin@bethuriel.co.za

ObsCAN Feed You

ObsCAN Feed You is a community kitchen collective that mobilises resources within the neighbourhood to make good nutritious food available to those who need it most.

Where: Village Green

When: Daily breakfast: 8am (*from 1 Nov, weekend only*)
Daily dinner: 5pm (*excluding Wednesdays*)

Contact: obscanfeedyou@gmail.com or 072 933 1659

Obs Pasta Kitchen

Weekly community meal.

Where: Village Green

When: Wednesdays: 5pm

Contact: Kimon Bisogno: WhatsApp 084 771 0485
obspastakitchen@gmail.com

Youth Solutions Hall, Shelley Street

Community sit down, indoor breakfast and lunch.

Where: Youth Solutions Hall, Shelley Street

When: Monday-Friday: breakfast 9am
Monday-Friday: lunch 12 noon (Thursdays at 3pm)

Contact: JP: 081 534 4066; Sheradia 073 345 8531

SOCIAL SERVICES AND ADVOCACY

Cape Mental Health

To provide

- vulnerable individuals and groups with mental health programmes and services.
- support and assistance and the provision of statutory services for clients (in terms of the Mental Health Care Act of 2002).
- clients with services that enhance positive lifestyles, self-reliance and optimal functioning within the community.

Where: 22 Ivy St, Observatory

When: Mondays to Fridays 8:30am – 4:30pm

Contact: 021-447 9040

FAMSA

- Counselling is offered by trained relationship professionals – in relation to trauma, domestic violence, relationships, bereavement and divorce.
- The Men Stopping Violence Group provides perpetrators with a therapeutic space which promotes non-violent behaviours.
- Provides integrated HCT/adherence/PMTCT/TB screening/STI and follow-up services to clients. Goal of all people being tested for HIV and TB every year.
- Offers the most destitute clients on ART interim food relief while they access grant assistance.

Where: 9 Bowden Rd, Observatory

Contact: 021-447 7951

Gender Dynamix (GDX)

- The first registered trans and gender diverse-led organisation in Africa.
- Focuses on advancing, promoting and securing the human rights of trans and gender-diverse persons both within South Africa and Southern Africa.
- Serves trans and gender-diverse individuals and communities and their significant others, families, friends and allies and provides South African-based resources and support.
- Through education, awareness raising and advocacy, GDX works towards a society where everyone is free to identify and express their own gender.
- Uses a range of advocacy strategies to raise awareness around structural human rights violations experienced by transgender and gender diverse persons as a result of a lack of access to basic human rights.

Where: 10 Anson Street, Observatory.

Contact: 021-447 4797
info@genderdynamix.org.za

Hub (in development)

Where: Planned for YMCA, 1 Burham Road, Observatory

Contact: Carlos Mesquita: 063 012 7902
carlosmesquita396@gmail.com

OBSID

- Individual case management
- Psycho-social support and assistance, referrals
- Clothing donations
- Sponsorship (travel stipends, shelter fees),
- Harm reduction strategies (Opioid Substitution Therapy programmes support, safe needle exchange)

Where: OBSID offices, Unit 13A St Michael's Office Park,
St Michael's Road, Observatory

Contact: Zusakhe Voyi: 021-448 7090
zusakhe@obsid.org.za

Obs Pasta Kitchen

Sharing lifeskills and healthy ways of dealing with stress. Our morning programme, Working On Wellness, is a life-changer for those ready to take the next steps.

Where and when:

Streetscapes Vredehoek Garden: Mondays 9:30-11 a.m.
Shelley St Hall, Salt River: Wednesdays 9:30-11 a.m.

Also

- Health & sanitary drives.
- Winter blanket drives.
- Fundraising for community efforts -Individual fundraising for rehabilitation and work opportunities.

Contact: Kimon Bisogno: WhatsApp 084 771 0485
obspastakitchen@gmail.com

Rape Crisis

Provides

- direct services to survivors of rape and sexual violence
- popular education and awareness raising (including community workshops and mobilisation)
- legal advocacy

Where: 23 Trill Road, Observatory

Contact: Obs office: 021 447 1467

English: 021 447 9762

IsiXhosa: 021 361 9085

Afrikaans: 021 633 9229

Whatsapp Support Line: 083 222 5164

SWEAT

- Provides sex workers with health and rights services while advocating for sex work to be decriminalized in South Africa.
- Programme areas are: Sex Worker Empowerment and Enabling Environment (SWEEEP), Advocacy and Law Reform; building Sisonke, a movement of sex workers.

Where: 19 Anson Street, Observatory.

Contact: 021-448 7875 / 0800 60 60 60

info@sweat.org.za

TBHIV Care

Outreach teams:

- safe needle exchange
- free TB / HIV testing
- referrals and linkage officer services.

Where: 7th Floor, 11 Adderley Street, Cape Town

Contact: 021-425 0050

info@tbhivcare.org

October 2021

Triangle Project

Offer individual and couples counselling by experienced and skilled clinical psychologists and clinical social workers run a non-judgemental medical clinic offering:

- General health check-up
- HIV and TB and STI testing and services
- Non-prescriptions medicines dispensing
- Referral for treatment and to other health services including alcohol and drug use and abortion and family planning.

Where: 19 Anson St, Observatory

When: Monday–Friday, 9:00am–4:30pm.

Contact: For appointment: 021-422 0255;
health2@triangle.org.za
Helpline: 021-712 6699

WORK-BASED PROGRAMMES

OBSID

Work-based rehabilitation programme with psycho-social support, individual case management and daily stipends for participation.

Where: OBSID offices, Unit 13A St Michael's Office Park,
St Michael's Road, Observatory

Contact: Zusakhe Voyi on 021 448 7090 or
zusakhe@obsid.org.za

HEALTHCARE

Cape Town Drug Counselling Centre

Treatment and training related to addiction.

Where: 1 Roman Road, Observatory

When: Mondays to Fridays

Contact: 021-447 8026
info@drugcentre.org.za

District Six Community Day Centre

Where: 31 Primrose Street, Zonnebloem, Cape Town

When: Mondays to Fridays

Groote Schuur Hospital: emergency

Where: Main Road, Observatory

When: After hours and weekends

Jubilee Health Centre

Where: 21 Nelson Road, Observatory

When: Tuesdays, Wednesdays and Fridays - by appointment only.

R20-00 patient fee to be paid.

Contact: 021-447 3630 / 065 527 7961 to make an appointment.

OBSID

- Accompanying clients to health services
- Fulfilling linkage officer duties
- Referral to GP who works with social development programmes.

Where: OBSID offices, Unit 13A St Michael's Office Park,
St Michael's Road, Observatory

When:

Contact: Zusakhe Voyi: 021-448 7090
zusakhe@obsid.org.za

HEALTH AND SAFETY

OBSID

- Public toilet installation, maintenance and cleaning (Station Road, Observatory).
- Safe needle exchange site for disposal of used needles (in partnership with TB / HIV Care).
- Daily cleaning of large encampment areas (Village Green, Station Road Bridge).
- Weekly cleaning of smaller encampment areas.

Where: OBSID offices, Unit 13A St Michael's Office Park,
St Michael's Road, Observatory

Contact: 021-448 7090 or amanda@obsid.org.za